

GAMBLERS ANONYMOUS LIFE-LINE YEARLY BULLETIN SUBSCRIPTION FORM

Mail to: GAMBLERS ANONYMOUS INTERNATIONAL SERVICE OFFICE 1306 MONTE VISTA AVE., STE 5 UPLAND, CALIFORNIA 91786 (909) 931-9056

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DISCLAIMER

The Life-Line Bulletin, published monthly by the International Service Office of Gamblers Anonymous, 1306 Monte Vista Ave., Ste. 5, Upland, California 91786, is a newsletter for and about members of Gamblers Anonymous. Opinions expressed herein are not to be attributed to Gamblers Anonymous as a whole nor does the publication of any article imply any endorsement by Gamblers Anonymous as a whole. Any manuscript or other material submitted to Gamblers Anonymous for consideration to be published in the Life-Line Bulletin cannot be returned. No portion of any Life-Line Bulletin may be used or reprinted without the express written permission of our International Service Office.

GAMBLING, for the compulsive gambler is defined as follows: any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or "skill" constitutes gambling.

BOARD OF REGENTS MEETING MINUTES OF FEBRUARY 17, 2024

Call to order: The Chair, Ara H., called the meeting to order at 9:30 A.M.

** Due to intercom issues today's meeting is not available by phone. **

The Chair reminded everyone that recording of this meeting is not permitted.

Roll call was taken by the secretary, Valerie D.

Present: Ara H., Bob W., John C., Laura M., Valerie D., Zach M., Israel

A., Office Manager

Present by phone: Arnie B., Lloyd A., and KC B., International Executive

Secretary

Absent: JO K.

A. Minutes for January 20, 2024.

A motion was made to approve the minutes as written:

MOTION SECONDED AND PASSED FOR - 8 AGAINST - 0 ABSTAINED - 0

B. Operating Statement for January 2024.

A motion was made to approve the January 2024 Operating Statement as written.

MOTION SECONDED AND PASSED FOR - 8 AGAINST - 0 ABSTAINED - 0

OLD BUSINESS

A. Office Manager Report – Israel A.

- Lifeliners -none
- New Cans one Gretna, LA
- Group Information requests forms received One Olympia, WA (Registration Only)
- Group Information request forms received prior to sending out starter kits – three Starter Kits were sent out in the month of January: Rochester, NY, Reading, PA and Castlegar, BC

- Prison starter kits none.
- Venmo and Zelle donations were \$1,654.37: Groups (13) \$747.35, 1x Donations (3) \$138.00, LL Donations (16) \$460.00, I.S.O. Cans Contributions (5) \$309.02.

B. International Executive Secretary Report – KC B.

- · Completed January bulletin.
- Working on February bulletin.
- Should have anniversary template form soon to send out to B.O.R. members for review.
- Hoping to start a new procedure on anniversary submissions by July 1. First 12 months will be quite a bit of work to create a database, it'll streamline the way they are submitted & reported in the bulletin.

C. DISCUSS RESTRUCTURING COMMITTEE REPORT.

- Articles of Incorporation Discussed and reviewed and further investigation will be performed to verify if Amendments are required.
- Outside Donations Discussed setting up a disclaimer for outside entities to possibly sign an exclusion and no expectation agreement.
- Lack of Executive members on B.O.R. Discussed and members
 of the Board of Regents were quite favorable about welcoming
 the Chair of the Board of Trustees or a designated Chairperson
 to attend.

NEW BUSINESS

A. DISCUSS CHANGES TO THE BY-LAWS.

1) Reviewed proposed changes to change Article 3 Section 5 to allow members outside of 100 miles as physical, telephonic, or video attendance constitutes presence.

MOTION SECONDED AND PASSED FOR - 8 AGAINST - 0 ABSTAINED - 0

2) Reviewed proposed change Article 3 Section 6; As trusted servants request for telephonic, video, or excused absence will be granted by the Chairperson of the Board of Regents.

MOTION SECONDED AND PASSED FOR - 8 AGAINST - 0 ABSTAINED - 0

- B. DISCUSS THE COST OF THE STOP & THINK CARDS.
 - · Discussion Only.
- C. REVIEW AND DISCUSS LITERATURE SHIPPING COSTS FOR THE OFFICE AND CUSTOMERS.
 - Discussion Only.
- D. DISCUSS PROPOSAL FOR ADDITIONAL HELP FOR THE I.S.O.
 - Proposed & discussed the benefits of increasing the I.E.S's hours to 30 weekly and be eligible for medical insurance.

MOTION SECONDED AND PASSED FOR - 8 AGAINST - 0 ABSTAINED - 0

E. DISCUSS BANK OF AMERICA LIQUID CD MATURING ON FEBRUARY 27, 2024.

A motion was made to rollover the liquid CD.

MOTION SECONDED AND PASSED FOR -8 AGAINST -0 ABSTAINED -0

Number of people who called in to listen to the meeting: 0

Collected: \$65.00

The meeting ended with the Serenity Prayer at 10:42 A.M.

Next meeting will be February 17, 2024.

HELP IS AVAILABLE!

On page 17, item #7 it says: "We encourage every Gamblers Anonymous member to have a Pressure Relief Group Meeting, as it offers guidance toward a normal way of thinking and living."

Any member desiring individual assistance with his/her Pressure Relief, please contact Bruce W. at brucelaw8@mac.com. He will reply by email or phone if you provide your number.

UNITY PROGRAM

Did you know that the I.S.O. sells a booklet on how to study the Unity Steps? We do! It's called "Gamblers Anonymous Group Study Book on the Unity Steps." Each month of 2024, I'll discuss the Unity Program and the corresponding step with each month.

When I first came to Gamblers Anonymous in July of 2001, at the Unity Club in Las Vegas, my brain was focused on one thing – to stop gambling. It's all I cared about for the first few months I was attending meetings. I had no idea what the Unity Program was or why it existed.

As my mind cleared up and I started to understand my surroundings, the Unity Program became less and less confusing for me. I'd like to think it's the same way for all of us, however, I can only speak of my experience.

It taught me that while I needed to focus on MY recovery, I also needed to respect the group as a whole and be one with them as we move forward on this journey of self-discovery and recovery.

I knew that whether I relapsed or not, the Group would still be there when I came back. So, when I'd see a person had relapsed, I'd welcome them back to the Group and continue forward.

Step 3 – The only requirement for Gamblers Anonymous membership is a desire to stop gambling.

Regardless of who a person is, or how grave their emotional, legal, or financial complications may be, Gamblers Anonymous welcomes anyone who demonstrates a desire to stop gambling.

For membership, it is not necessary that one pay dues or sign a pledge. Those who have returned to gambling are especially encouraged to attend meetings and get help because it is the desire to stop gambling – not the abstinence – that is required for membership.

Expressing a desire to stop gambling doesn't always mean that the member can overcome the strong urge to gamble, but nevertheless, it is the desire that is the requirement.

- a. Define/discuss the following words or phrases: "only requirement for Gamblers Anonymous membership," "desire to stop gambling."
- b. How can you tell whether you are a compulsive gambler?
- c. Does your group encourage everyone to share?
- d. Do we make all gamblers welcome? Does it matter how or what they gambled on?
- e. What are the topics compulsive gamblers have in common? What topics should be avoided?
- f. Who decides if "I" am a member of Gamblers Anonymous?
- g. Why does Gamblers Anonymous leave it to each newcomer to decide for him/herself whether he/she is a compulsive gambler and whether or not to join us?
- h. What happens when I place expectations on another's chance for recovery?
- *i.* How do honesty, open-mindedness, and willingness figure into a desire to stop gambling?
- j. Does the group have the right to decide who can or cannot be a member?
- k. How is the group affected when a member continues to slip or relapse?
- l. Why is it important for me to continue to identify myself as a compulsive gambler?
- m. What does it mean to me to be a member of Gamblers Anonymous?
- n. There are several principles that may apply to this step. Elaborate on how each of the following applies to Unity Step 3: tolerance, unconditional love, anonymity, responsibility.

From the desk of your International Executive Secretary.

As we finish the March bulletin, I would like to thank all the members, groups, intergroups, and RSOs who consistently contribute to your International Service Office to enable us to keep the doors open and help the compulsive gambler who still suffers. We could not do this without you. If you aren't already, please consider signing up as a LifeLiner and contribute monthly so that the I.S.O. can continue its amazing work of getting literature out and helping people find meetings all over the world.

It's election time for our Trustees! Just as we did last year, here's what you need to know. Earlier this year, the Board of Trustees Chair sent out an email with the allocations of trustees for each of our areas. Once each area sends me the names of our Trustees for the next two years, I will update our listing and get it out to each Trustee at the beginning of July when the new term begins. Please give the names and information to me no later than June 1. The new AND old trustees need to register on the trustee website to submit the information.

With that said, for those who would like to look up the Guidance Code for this, you'll find it under Gamblers Anonymous Guidance Code, Article XVIII – Election of Trustees. Also listed here are the responsibilities of a member of the Board of Trustees.

Thank you for being on this journey of recovery and self-discovery with me. I could not do it without all of you.

Yours in recovery and gratitude, KC B.

RESPONSIBILITIES FOR INTERNATIONAL TRUSTEES OF GAMBLERS ANONYMOUS

The following is the listing of responsibilities for International Trustees, as per the green Information Packet booklet that is listed as literature item #28 on the GA approved literature form.

- 1) Attend all physical Board of Trustees meetings and answer all mail and quick response board meetings.
- 2) Be a living example of the precepts of Gamblers Anonymous and personally work the Steps of Recovery and Unity.
- 3) Uphold the Guidance Code, and all decisions made by the Board of Trustees (not fulfilling this affects G.A. as a whole).

- 4) Attend as many of the various group meetings within your area as possible. Where physical attendance is not possible, keep in regular communication through the mail and/or telephone.
- 5) Be available to all members and groups in your Trustee area for advice and guidance. Work with the trusted servants to correct the issues that do not conform with the Guidance Code and all decisions of the Board of Trustees (not fulfilling this affects G.A. as a whole).
- 6) Attend Gamblers Anonymous functions such as open meetings, miniconferences, dinner dances, picnics, etc.
- 7) Offer assistance to any group that has a problem.
- 8) Serve actively on committees on the Board of Trustees.
- 9) Be a Lifeliner and encourage groups and membership to support the International Service Office through Lifelines and Group Contributions.
- 10) Regularly attend Gamblers Anonymous meetings, at least thirty-nine Gamblers Anonymous meetings a year.
- 11) Make area groups aware of and encourage use of tools of Gamblers Anonymous such as Pressure Group Pamphlets, Group Handbook, Sponsorship Pamphlets, Big Book, Public Relations Material, Ninety Day Plateau, New Member Letter, etc.
- 12) Attend Regional or Intergroup meetings if they exist in your area.
- 13) Actively participate in communicating with the Board of Trustees, individual members, group, Intergroup, to obtain agenda items for the Board of Trustees.
- 14) A Trustee should offer assistance to any members starting a new G.A. group.
- 15) A Trustee should regularly write his/her area happenings and any other thoughts to the bulletin.

1306 Monte Vista Ave. Ste. 5 Upland, CA 91786 Phone: (909) 931-9056

Email: <u>isomain@gamblersanonymous.org</u>
Website: www.gamblersanonymous.org

- 16) Uphold the Board of Trustees responsibilities to the Literature Committee and its approved guidelines by:
 - a) being completely familiar, prior to the B.O.T. meetings, with the content of all literature submitted to the B.O.T. for approval;
 - b) making suggestions to the Literature Committee for improvement of said literature, if approved by B.O.T., within 30 days subsequent to the B.O.T. meetings. (Note: Literature proposals from a committee, once passed, once passed, are excluded from B.O.T. suggestions.)
- 17) Bring all upcoming agenda items to the attention of all groups in your area prior to all B.O.T. meetings for input that will guide all the trustees from your area at all B.O.T. meetings.

The Combo Book is available for purchase as an e-book.

Instructions for Kindle purchase:

Note: if you already have an Amazon account go to step 2.

- 1. To create an Amazon account, log on to Amazon.com and follow instructions.
- 2. Download a Kindle app for iPhone, Android, iPad, tablet, PC or Mac computer.
- 3. Log on to Amazon.com
 - A) Scroll down and tap or left click on <u>Barnes & Noble</u>. In the column to the right, tap or left click on <u>Kindle Books</u>. In the search box enter <u>Combo</u> Book.
 - B) Scroll down to locate the book and tap or left click on Combo Book.
 - C) Tap or left click on <u>Purchase</u>. The book will automatically download to your device in the Kindle App.
 - D) Tap or left click on Kindle App to locate Combo Book.

LITERATURE – SUGGESTIONS

If you just started your recovery with Gamblers Anonymous:

- Combo Book (small or large print).
- Suggestions for coping with Urges to gamble.
- Towards 90 days booklet (small or large print).
- Red Book A New Beginning.

- Pressure relief Group meeting flyer.
- 20 Questions booklet.
- · Your First meeting.
- Questions and Answers about Gambling.
- A Newcomer asks?
- Stop and Think card.
- Young gamblers in recovery.

If you have joined a little while ago:

- Beyond 90 Days booklet (small or large print).
- Sponsorship booklet.
- Sponsor/Sponsee relationship HOW it works.
- Pressure relief Group Meeting Handbook.
- Pressure relief workbook.
- Information packet.
- A Day at a Time meditation book.
- Big Book Sharing Recovery through GA.
- Have I quit the Fellowship?

If you are working the Steps:

- Working the Steps booklet.
- Step meeting handbook, Booklet.
- Daily inventory of my behavior (sheet).
- Fourth Step Inventory Moral Book.
- Step One recovery Workbook.
- Writing the Steps.
- 12 Steps Unity booklet.
- Group study book on the Unity Steps.

If you are interested to know more about GA, its structure, and its groups:

- Group Handbook Guide booklet.
- Guidance Code (trusteewebsite.com).
- Short term Group sponsorship.
- Suggestions for a Successful 90-day room.
- Suggestions for New Member Retention.
- Treasury Guideline Example.
- A Guide to Regional Service Offices.
- Intergroup Handbook.
- Public Relations flyer.
- Towards Recovery in Prison.
- Handbook for Judiciary, Lawyers, Counselors etc.
- The Stock market, Retirement accounts and Gamblers Anonymous.
- The First 40 years.
- Let's Host a Mini-Conference pamphlet.
- Hosting an International Conference pamphlet.

Need help? Ask a Trusted Servant to guide you further.

GROUP NEWS

Note From I.S.O.: Thank you to all our members who send in letters, donations, and kind words each month. Please keep writing and sharing your experience, strength, and hope with everyone.

Dear I.S.O.,

Thank you, Hal P., of Atlanta GA, and Matt B., of Boca Raton, FL for starting the Florida Daily, one of the first virtual meetings at the beginning of COVID-19. The Florida Daily has continually met since Monday, March 16, 2020, and is celebrating four years.

For me, I know how important it is (and was) to have a safe meeting every day that is as close as my desktop computer. I have been a regular participant and have had the joy of observing abstinence and recovery of others across the globe.

Daily attendance is approximately 60 members with a number of dedicated trusted servants that have presented a consistent meeting format while keeping the virtual doors open each day.

I have learned much about the possibilities of increasing participation in our fellowship, reaching others who are homebound, ones who are hundreds of miles from a live meeting, ones who do not drive, and how to offer support to all via electronic means.

As an aside, I believe that all 12-step programs will be enhanced and grow greatly due to the availability of virtual meetings, since Covid-19 and beyond. As an old timer, I support the growth of this format by not only continuing to give what we have but modernizing our delivery systems and set-up of literature, donations and revising our Guidance Code to update the needs of the gambler who still suffers in the 21st Century.

Having tools to enhance recovery would be a wonderful start, such as an APP (application) for electronic devices, almost all of our literature in PDF format (may be able to follow the format in the UK to have available at no cost) (there is additional discussion as to what this entails) as well as modernizing our entire business area of Gamblers Anonymous. We must be conscious of the new younger members that only use electronic devices for all communication and compiling of information.

With Serenity, Bill B., Delray Beach, Florida

Dear I.S.O.,

Thank you, Frank S. of Los Angeles CA, for starting one of the first virtual meetings at the beginning of COVID-19; the Los Angeles International (Daily), that has continually met since Friday March 20, 2020, and is celebrating four years.

The format of this virtual meeting is varied and one that I especially enjoy is the weekly speaker meetings that are followed by a Q & A. Speakers are from around the Globe and the interaction between all is a solid way to enhance my foundation of recovery.

Many of the virtues of the Florida Daily explained in a separate letter in this Bulletin apply to the Los Angeles International.

With Serenity, Bill B., Delray Beach, Florida

Dear I.S.O.,

Thank you for all you do.

Bruce W., Valley Stream, New York

Hi All,

I hope this finds you well.

Thanks for all you do. Congratulations to Dave M. of Vancouver, WA for 16 years; Lori L. of Eugene, OR for 10 years; and Chris M. of Portland for 7 years.

Anonymous, Oregon

Dear I.S.O.,

I was the treasurer for the 2023 International Conference in Chicago. We had 506 attendees, and it was a very successful event.

We are in the process of closing down the conference bank account. The conference chairs, Cindi M., and Tony C. will be submitting the final financial summary to the conference oversight committee.

Tom H., Chicago, Illinois

Dear I.S.O.,
Thank you for all you do for this great organization.
Frank M., Daytona Beach, Florida
Dear I.S.O.,
Enclosed is a donation from the Wednesday Night West Seneca group.
Keep up the good work.
Bill R., West Seneca, New York
Dear I.S.O.,
Enclosed is the February donation from the Wednesday Night NE Philadelphia Group.
Thanks for all the good work that you do.
In Unity, Scott S., Philadelphia, Pennsylvania
Dear I.S.O.,
Thank you so much for the service you provide along with all of the materials for the group.
We do appreciate all your support and all you do for us while we recover. Without you, we would not be where we are today.
Sincerely, Penny G., Ottawa, Illinois
Dear I.S.O.,
We appreciate you.

Steve M., Piedmont, Oklahoma

Dear I.S.O.,

Hope all is well; the enclosed donation is from the 12-Step House Tuesday night meeting in Ft. Lauderdale.

We are excited that after 4 years of no mini conferences, we are finally having one on March 10 in West Palm Beach, Florida.

There seems to be a pent-up desire to attend as we have been getting a lot of members to sign up quickly.

Thanks for all you do to keep us supplied with the necessary literature items that the members need on their road to recovery.

Yours in Fellowship, Neal G., Plantation, Florida

Dear I.S.O.,

Your great work and extended kindness to our fellowship is appreciated. With my utmost respect and love, I continue to support your efforts.

Dennis B., Toledo, Ohio

Dear I.S.O.,

Thank you for all you do.

Gregory H., Sun City, Arizona

Dear KC.

The Monday night Vancouver GA Group in Vancouver, WA is pleased to donate to the ISO.

Thank you for all that the I.S.O. does for compulsive gamblers.

Sincerely, Dave M., Vancouver, Washington

Dear I.S.O.,

Here is a donation from the Plantation Friday Night group. Please accept this from the longest continuous running room in Plantation.

We are a fairly small room, but we have a dedicated following.

Keep up the good work in supporting us at the room level.

Yours in Fellowship, Neal G., Plantation, Florida

Dear I.S.O.,

Thank you for all you do for us.

Joseph B., Allentown, New Jersey

Dear I.S.O.,

Please find enclosed a donation from the North Miami Beach, FL meeting room.

Thank you, Frank G., North Miami Beach, Florida

Dear I.S.O.,

Please accept this donation from the 12-Step House GA Tuesday night meeting in Ft. Lauderdale. We have a small room but big hearts. Knowing we are self-supporting we do what we can and encourage others to do the same.

Please keep up the good work at the I.S.O. and we will continue to do our part here at the local level to help the compulsive gambler who still suffers.

Yours in Fellowship, Neal G., Plantation, Florida

Dear I.S.O.,

I remember 2/18/11 when I relapsed into irresponsible, uncontrolled gambling. Today I am grateful to GA for saving my life.

Sometimes, I forget or am unable to send in monthly Lifeliner contributions. It is not likely I would ever use Zelle, I'm of the check generation.

However, I appreciate GA with its many changes in the last 38 years ago. In fact, I now use virtual meetings quite a bit.

Thanks to GA, I did not gamble today.

Gratefully, Martha B., Bloomington & Edina, Minnesota

ANNOUNCEMENT OF UPCOMING EVENTS

Back Together Again South Florida Intergroup Mini-Conference March 10, 2024

Holiday Inn

1301 Belvedere Road, West Palm Beach, FL

For more information, email <u>ies@gamblersanonymous.org</u> and I'll get you in touch with one of their committee members.

A Day in Recovery

South Jersey Intergroup GA & Gam-Anon Mini Conference April 20, 2024

Hope Church

700 Cooper Road

Voorhees, NJ 08043

For more information, email <u>ies@gamblersanonymous.org</u> and I'll get you in touch with one of the committee members.

Signs of Recovery

2024 GASN & Gam-Anon Mini-Conference

April 20, 2024

Christ the King Catholic Church Activity Center

4925 S Torrey Pines Drive, Las Vegas, NV 89104

For more information, email <u>ies@gamblersanonymous.org</u> and I'll get you in touch with one of their committee members.

23rd Summerfest Retreat 2024

June 13 – 16, 2024

St. Benedict's Lodge, McKenzie Bridge, Oregon

For more information, email me at ies@gamblersanonymous.org and I'll get you in contact with one of the coordinators.

GA/Gam-Anon 43rd Australian National Conference

It Starts with Me

August 23 - 25, 2024

Sydney, New South Wales, Australia

For more information, email <u>ganswconference@gmail.com</u> or you can email me at <u>ies@gamblersanonymous.org</u> and I will email you a registration form.

INDIVIDUAL LIFELINER DONATIONS RECEIVED IN THE MONTH OF FEBRUARY 2024

ARIZONA		L617	Mike Z.
L36	Marc L.	L623	Lucille T.
L221	Janat G.	L648	Ed K.
L287	James S.	L678	Lynell B.
L396	Pam K.	L772	Ara H.
L546	Mo M.	L789	John C.
L692	Doug G.	L834	Candice B.
L1005	Patricia B.	L836	Albert Y.
L1008	Roxanne W.	L871	Greg D.
CALIFORNIA		L907	Joseph G.
L1	Bob W.	L908	Jordan K.
L6	Bill/ Kathy S.	L920	Jane J.
L8	Dan B.	L946	Estella M. X2
L18	Chris G. X2	L949	Alyssa C.
L19	Wendy B. X2	L965	Brandon S.
L21	Ed E.	L968	Ralph G.
L70	Keith B.	L1000	Willie F.
L73	Karen H.	L1001	Ray J.
L87	Mike S.	COLORADO	,
L88	Valerie D.	L147	Lou W.
L100	Mazi S.	L950	Ron G.
L116	Rob D.	CONNECTICUT	
L117	Steve F.	L581	Paul S.
L120	Phil C.	FLORIDA	
L151	Murray F.	L2	Bill B.
L158	Gagik G.	L54	Ray T.
L209	Jose C.	L81	Paulette T.
L219	Leonard K.	L97	Chuck R.
L273	Victor S.	L143	Neal G.
L298	Cathy F.	L160	Jim C.
L314	Alan S.	L175	Lloyd A. X2
L367	Jerry L.	L205	Steve P.
L384	Alvin F.	L225	Kevin K.
L390	Jack R.	L233	Robert M.
L408	Ira B.	L251	Frank G.
L419	Rufus B.	L261	Stephen S.
L432	Patrick P.	L313	Herman G.
L453	Bennett S.	L351	Russell H.
L476	Garret C. x2	L423	Kathleen H.
L480	Ezra B.	L429	Dennis S.
L496	Guy H.	L450	Neil S.
L563	Zachary M.	L483	Victor C.
L580	Curtis G.	L511	Chris N.
L593	C M	L590	Dennis A.
	Grant M.		
L609	Kathie S.	L607	Debbie M.

FLORIDA (cont)		NEVADA	
L627	Pauline F.	L55	Laura G.
L695	Ronald B.	L317	Pat M.
L815	Linda S.	L325	Terry D.
L840	Janice M.	L410	Joanne F.
L843	Neal V. X2	L439	Ira K. X2
L844	Arnie B.	L507	Mark S.
L904	Marlon D.	L596	Leslie F.
L944	Brent S.	L599	Igor K.
L945	Eugene K.	L612	Dan Mc.
L979	Rebecca P.	L669	Terri R.
L980	Alan A.	L690	Lenore D.
L989	Lois H.	L837	Harriet K.
L993	Carlos M.	L846	Bobby B.
L1002	Jim O.	L975	Larry S.
L1010	James T.	NEW JERSEY	
L1014	James H.	L174	Mike D.
GEORGIA		L183	Robin D.
L672	Tony L.	L197	Vincent D.
HAWAII		L223	Fred D.
L284	Kevin H.	L266	Kivey G.
L553	David C.	L295	Ted S.
ILLINOIS		L311	Andrew D.
L114	Ellen Z.	L349	George L.
L344	Eileen Z.	L433	Joseph F.
L823	Luke W.	L438	Matthew C.
L960	Dianna R.	L497	Dave S.
L977	Donna M.	L547	John P. X2
L1018	Al A.	L699	Craig H.
INDIANA		L818	Michael D.
L880	Fred B.	L863	Kathleen P.
KENTUCKY		L961	Tom C.
L115	Laura S.	L985	Tristan D.
L195	Steve B.	L1019	James G. x2
L697	Bruce H.	NEW MEXICO	
LOUISIANA		L572	Liane M.
L27	Betty S.	L662	Joel K.
L354	Kathy S.	L847	Catherine B.
MARYLAND		L906	Mary F.
L162	Jim D.	NEW YORK	
L997	Tijuana M-T.	L308	Jordan P.
MASSACHUSET		L465	Mohammed M.
L598	Vinny S.	L516	Susan W.
L998	Jonathan R.	L622	Andrew C.
L1006	Jodi P.	L852	Norberto B.
MICHIGAN		OHIO	
L272	Joann D.	L330	Dennison B.
MINNESOTA		L948	Edward G.
L342	Martha B.	L986	Anthony K.
L803	Renee G.		

	SOUTH DAKOT	'A
James G.	L461	Dale A.
	TEXAS	
David U.	L245	Alan S.
Curt P.	WASHINGTON	
A	L659	Connie M.
Dan M.	WISCONSIN	
Marla J.	L443	Constance T.
John B.	L988	Jeffrey R.
Debbie D.	ALBERTA	
Josh S.	L984	Steve L.
David S.		
Mary M.		
	David U. Curt P. A Dan M. Marla J. John B. Debbie D. Josh S. David S.	James G. L461 TEXAS David U. L245 Curt P. WASHINGTON L659 Dan M. WISCONSIN Marla J. John B. L988 Debbie D. Josh S. David S.

INDIVIDUAL LIFELINER DONATIONS FEBRUARY 2024

ARIZONA (8)	135.00	NEVADA (14)	550.00
CALIFORNIA (52)	2,644.00	NEW JERSEY (18)	322.00
COLORADO (2)	35.00	NEW MEXICO (4)	80.00
CONNECTICUT (1)	20.00	NEW YORK (5)	105.00
FLORIDA (37)	1.078.00	OHIO (3)	94.00
GEORGIA (1)	80.00	OKLAHOMA (1)	15.00
HAWAII (2)	78.00	OREGON (2)	50.00
ILLINOIS (6)	55.00	PENNSYLVANIA (7)	178.00
INDIANA (1)	15.00	SOUTH DAKOTA (1)	10.00
KENTUCKY (3)	91.00	TEXAS (1)	50.00
LOUISIANA (2)	20.00	WASHINGTON (1)	10.00
MARYLAND (2)	50.00	WISCONSIN (2)	30.00
MASSACHUSETTS (3)	76.00	CANADA (1)	50.00
MICHIGAN (1)	5.00	. ,	
MINNESOTA (2)	70.00	TOTAL (183)	5,996.00
` /		. ,	

ANNIVERSARIES

East 31st Street, NY	3/12	53 YEARS BRUCE W.
Staten Island, NY	3/28	47 YEARS DENNIS T.
Maitland, FL	3/26	45 YEARS JIM C.
Brooklyn Center, MN	3/23	42 YEARS VINNY S.
Plantation, FL	3/31	RICH J.
Douglaston, NY	3/19	41 YEARS MEL F.
48 TH Street, NY	3/29	JESSE C.
Plantation, FL	2/28	40 YEARS NEIL S.
Downey, CA	3/9	AL B.

37 YEARS SAM S.	3/9	Church on the Hill, NY
34 YEARS ELDER F.	3/7	St. Albans, NY
33 YEARS ANDY G. #2	3/12	Voorhees, NY
ANDY S.	3/12	Ardsley, NY
32 YEARS TONY A.	3/11	Staten Island, NY
31 YEARS STEVEN R.	3/23	Church on the Hill, NY
30 YEARS PAUL S.	3/19	Voorhees, NJ
29 YEARS STU P.	2/26	Buffalo Grove, IL
LARRY C.	3/15	San Diego, CA
27 YEARS ELLA W.	2/2	Cherry Valley, IL
CARLOS F.	3/11	Burbank, CA
26 YEARS ANDY R.	3/7	Lindwood, NJ
25 YEARS	3/7	Staten Island, NY
24 YEARS	3/19	Pomona, NY
23 YEARS MEG L.	1/5	Joliet, IL
MARK D.	3/3	Green Valley, AZ
ALAN F.	3/19	East 31st Street, NY
22 YEARS KAREN L.	3/8	Las Vegas, NV
BOB C.	3/24	San Diego, CA
21 YEARS	3/30	Prescott, AZ
20 YEARS ALEJANDRO B.	3/9	Downey, CA
19 YEARS KATHIE S.	2/3	Rancho Cucamonga, CA
CHRIS M.	3/19	East 31st Street, NY
18 YEARS RAY T.	1/1	Killian Pines, FL
BILL D.	3/7	San Diego, CA
JAN M.	3/7	Las Vegas, NV
RANDY S.	3/11	Phoenix, AZ
KEVIN K.	3/28	East Mesa, AZ
17 YEARS DOUG K.	2/16	Naperville, IL
EILEEN Z.	2/9	Elk Grove Village, IL
MO M.	3/30	Prescott, AZ
16 YEARS DONNA M.	1/19	White Rock, BC
LARRY J.	2/3	Palatine, IL
15 YEARS DEBBIE F.	1/11	Plantation, FL
RUSS B.	2/13	Worcester, MA
MARC M.	2/28	Hampstead, MA
PETE S.	3/5	Voorhees, NJ
RON L.	3/14	Hampstead, MA
NEIL G.	3/16	Plantation, FL
PAM J.	3/26	San Diego, CA
14 YEARS	1/24	Plantation, FL
ANDY K.	2/25	York, MA
SEAN H.	3/5	East 31st Street, NY

4 YEARS (cont)	. STEVE R.	3/6	YMCA Townhouse, NY
,	LINDA E.	3/18	Tucson, AZ
	JAMIE R.	3/24	San Diego, CA
	RON C.	3/24	Malden, MA
13 YEARS	. SUE J.	2/17	St. Charles, IL
	CATHY B.	3/8	Worcester, MA
12 YEARS	. DAVID B.	3/6	Yonkers, NY
	KIM J.	3/18	Las Vegas, NV
11 YEARS	. LINZZY Z.	3/6	East Mesa, AZ
	AGUSTIN J.	3/7	Las Vegas, NV
	SAL F.	3/27	YMCA Townhouse, NY
10 YEARS	. LAURA M.	2/19	Rancho Cucamonga, CA
	JARED H.	3/3	Salinas, CA & Green Valley, AZ
	DALE H.	3/6	Gardena, CA
	JIM S.	3/6	Phoenix, AZ
	DAVID H.	3/16	Las Vegas, NV
	GAIL B.	3/16	Las Vegas, NV
	MARK M.	3/28	Henderson, NV
	LINDA J.	3/31	San Diego, CA
9 YEARS	. LINDA L.	3/3	Watertown, MA
	TODD B.	3/12	San Diego, CA
	BRAD B.	3/23	Las Vegas, NV
8 YEARS	. ALLISON S.	1/10	Plantation Zoom, FL
	LENARD T.	3/8	San Diego, CA
	DARCEY C.	3/12	Natick, MA
	RICHIE R.	3/15	San Diego, CA
	ERIC L.	3/25	Burbank, CA
	BONGDAM N.	3/26	Suwon, KOR
7 YEARS	. PAULINE F.	1/11	Plantation Zoom, FL
	LAURA B.	3/4	Henderson, NV
	GERARD V.	3/7	White Plains, NY
	MARK B.	3/13	San Diego, CA
	JANET S.	3/14	Phoenix, AZ
	NICK A.	3/15	Plymouth, MA
	HARRIET B.	3/16	Church on the Hill, NY
	NICOLE P.	3/16	Griffith Park, CA
6 YEARS	. DAVID N.	2/6	Boca Raton, FL
	GARY D.	3/7	Phoenix, AZ
	PATTY S.	3/13	Las Vegas, NV
5 YEARS	. BRENDA L.	1/28	Plantation, FL
	ROD G.	2/16	Auburn, CA
	PAIGE H.	2/26	Dayton, OH
	ROBERTO P.	3/2	Griffith Park, CA

5 YEARS (cont)	. LOUANN W.	3/5	East Mesa, AZ
	BRYAN C.	3/9	San Diego, CA
	JEREMY C.	3/15	Windsor, ON
	JAKE P.	3/26	East 31st Street, NY
	JORDAN K.	3/30	LA/Hollywood, CA
4 YEARS	. TERI H.	1/1	Ft. Lauderdale, FL
	JOSE O.	1/6	Plantation, FL
	VITO G.	2/27	St. Charles, IL
	HARRISON S.	3/5	East 31st Street, NY
	STEVE M.	3/7	Glendale, AZ
	URSULA G.	3/17	Settlement House/SFX, NY
3 YEARS	. PATTY T.	1/3	Surrey, BC
	MARIO P.	2/15	Plantation, FL
	JOE L.	3/6	Forest Hills, NY
	MIKE D.	3/10	Staten Island, NY
	BILL O.	3/11	Hanson, MA
	TIM G.	3/11	San Diego, CA
	BILL D.	3/21	Hanson, MA
	ANDREW K.	3/24	Maitland, FL
	FRANCINE V.	3/24	Las Vegas, NV
	VALENCIA A.	3/24	San Diego, CA
	HYANGNAM L.	3/26	Suwon, KOR
	KARYN D.	3/26	San Diego, CA
2 YEARS	. MIKE H.	1/16	Plantation, FL
	LAURA B.	3/5	San Diego, CA
	ALICIA S.	3/7	San Diego, CA
	MARGARITA S.	3/7	San Diego, CA
	GREG C.	3/10	Taunton, MA
	EDDIE H.	3/14	Phoenix, AZ
	CLIFF H.	3/15	San Diego, CA
	VANCE	3/26	Tempe, AZ
	BRANDON S.	3/27	Burbank, CA
	DEANNA L.	3/27	Sun City, AZ
	IKSAN C.	3/27	Seoul, KOR
	BILL A.	3/29	Tucson, AZ
1 YEAR	. MELANIE M.	1/12	Surrey, BC
	MIKE K.	1/18	Surrey, BC
	BOB C. #2	2/17	Mt. Prospect, IL
	BEAU	3/1	Canton, MA
	STEPHEN W.	3/1	Forest Hills, NY
	RAKESH P.	3/2	Maitland, FL
	JAMES K.	3/5	Westlake Village, CA

1 YEAR (cont)	. JERRY G.	3/7	Rancho Cucamonga, CA
	POCHEON J.	3/7	Incheon, KOR
	GARRETT S.	3/8	Fort Worth, TX
	UNYANG J.	3/8	Ilsan, KOR
	ROCKY C.	3/9	Downey, CA
	JAMES P. II	3/13	Staten Island, NY
	KEN A.	3/15	Tempe, AZ
	MARIO D.	3/16	Yonkers, NY
	ALEX C.	3/18	Staten Island, NY
	JOSEPH B.	3/19	San Diego, CA
	CARL B.	3/21	Congers, NY
	YEOEUI K.	3/21	Jeonju, KOR
	NEIL R.	3/24	Griffith Park, CA
	TOM W.	3/24	Quincy, MA
	GILIO P.	3/25	White Plains, NY
	SCOTT K.	3/26	White Plains, NY
	JORDAN K.	3/27	Staten Island, NY
	THERESA L.	3/27	Phoenix, AZ
	JUNGRANG L.	3/28	Seoul, KOR
	DEDE R.	3/30	Las Vegas, NV

I.S.O. CAN CONTRIBUTIONS FEBRUARY 2024

CALIFORNIA

			·	
C4	Anaheim Wednesday	30.00	C755 Anaheim Friday AM	6.00
C28	Anaheim Sunday PM	39.00	C1012 Irvine Thursday	24.00
C29	Anaheim Tuesday Noon	5.00	C1105 Sacramento Stop & Grow	
C46	Anaheim Saturday AM		Saturday AM	18.00
	Women's	20.00	C1285 Rancho Cucamonga	
C77	San Diego Intergroup	312.00	Saturday PM	19.00
C82	Anaheim Thursday PM	3.00	C1352 Dana Point Saturday AM	65.00
C92	Mission Viejo Tuesday		C1403 Rancho Cucamonga	
	PM	49.00	Wednesday PM	34.00
C180	Stockton Tuesday	10.00	C1411 Rancho Cucamonga	
C184	Sacramento Tuesday AM	100.00	Monday Noon	39.00
C413	Rancho Cucamonga		C1496 Burbank Wednesday PM	30.00
	Monday	2.00	C1694 Auburn Wednesday	24.00
C639	Diamond Springs		C1724 Inland Empire Intergroup	14.00
	Thursday	64.00		

FLORIDA					
C251	Clearwater/Windmoor		C262	Plantation Friday PM	17.00
	Thursday	27.00	C263	Plantation Wednesday PM	20.00
~		GEOR	RGIA		
C1539	Norcross Sunday	10.00			
		ILLIN	OIS		
C62	Burbank Thursday	192.00	C799	St. Charles-Hosanna	
C66	Bloomingdale	25.00	0.,,	Lutheran Thursday	45.00
C72	Edison Park Tuesday	20.00	C1104	Downers Grove Saturday	48.00
C76	Lisle	30.00		Lisle Women's Monday	17.00
C85	Kankakee	20.00		Algonquin Tuesday	50.00
C146	Elgin Sherman Oaks		C1511	Downers Grove	
	Hospital Sunday	29.00		Thursday	25.00
C418	Schaumburg/Bartlett	27.00	C1512	St. Gertrude-Chicago	
C423	Naperville	30.00		Sunday	5.00
C528	Bolingbrook	150.00	C1568	Chicago Willa Rawls	30.00
C659	Aurora Provena Monday	66.00			
		LOUIS	ΙΔΝΔ		
C849	Slidell Sunday	48.00	C931	Gretna Wednesday @	
00.5	Sildell Sanday	.0.00	0,01	St. Joseph	20.00
				1	
		MASSACE	HUSETT	S	
	Quincy Saturday AM	114.00		Holbrook Sunday Noon	50.00
C792	Hanson Thursday PM	27.00	C1600	Canton Tuesday	50.00
NEW JERSEY					
C1457	Marlton Thursday	20.00	ZKOL I		
C1437	Warton Thursday	20.00			
RHODE ISLAND					
C501	Rumford Tuesday PM	88.00			
	WASHINGTON				
C383	Spokane Valley	11.00			

GROUP CONTRIBUTIONS FEBRUARY 2024

ARIZONA		GEORGIA	
Glendale Thursday-Mission		Norcross Sunday Korean	10.00
Bells	50.00	ILLINOIS	
CALIFORNIA		Ottawa Friday	75.00
Burbank/North Hollywood		Springfield	25.00
Zoom	121.52	St. Charles Thursday Zoom	2.00
Downey Saturday	37.00	INDIANA	
Elk Grove Tuesday	16.00	Valparaiso Sunday	66.00
Lakewood/Paramount		LOUISIANA	
Thursday	45.00	Baton Rouge Monday	50.00
Lincoln Wednesday	18.00	MASSACHUSETTS	
Lincoln Friday AM	19.00	Holyoke Saturday AM Zoom	50.00
Lincoln Sunday	31.00	Natick Sunday	52.00
Palm Springs Sunday A.M.	50.00	Newton Monday	34.00
San Jose Monday Beginners	100.00	MINNESOTA	
Sierra Madre Tuesday	60.00	Southeast Metro	50.00
Ventura Sunday	99.00	NEBRASKA	
Walnut Creek Tuesday Zoom	20.00	Omaha Saturday –	
Westlake Tuesday	150.00	St. Francis	100.00
FLORIDA		NEVADA	
Boca Raton Monday Women		Nuevo Comienzo	25.00
Helping Women Zoom	25.00	NEW JERSEY	
Boynton Beach Tuesday	20.00	Bloomfield Thursday	10.00
Coral Springs Saturday AM	50.00	Bloomfield Sunday	10.00
Daytona Beach Tuesday	40.00	Fairlawn Friday	20.00
Daytona Beach Thursday	40.00	Freehold Friday	25.00
Delray Beach Saturday -		Hamilton/Mercerville	
Crossroads	100.00	Thursday	100.00
Fort Myers Thursday	50.00	Hasbrouck Heights Saturday	25.00
Ft. Lauderdale 12 Step House	50.00	Metuchen Tuesday	50.00
Holiday Monday	45.00	Ocean Monday	100.00
Lakeland Tuesday	37.00	Old Bridge	20.00
North Miami Beach	50.00	Sayrewoods	50.00
Palm Beach gardens Thursday	85.00	Somerdale	50.00
Plantation Tuesday	47.00	Summit Monday PM	300.00
Plantation Friday PM	25.00	Toms River Saturday	50.00
Port St. Lucie	10.00	Toms River Sunday	50.00
Windmoor Wednesday	63.00	Voorhees Tuesday Nooners	125.00
COLORADO		Voorhees Saturday	200.00
Littleton Sunday	25.00	Westfield Wednesday	25.00
DELAWARE		NEW MEXICO	
Wilmington Tuesday	10.00	Santa Fe Monday PM	88.00

NEW YORK		RHODE ISLAND	
Staten Island Wednesday	50.00	Tiverton	10.00
Staten Island Thursday-		Tiverton Friday	10.00
St. Patrick's	10.00	TEXAS	
West Seneca Wednesday	50.00	Dallas Pathways Sunday	40.00
Yonkers Saturday AM	75.00	Fort Worth Monday	35.00
OHIO		Fort Worth	100.00
Dayton Tuesday	32.00	WASHINGTON	
Geneva Wednesday	26.00	Arlington/Smokey Point	
OREGON		Monday PM	25.00
Tigard Tuesday	200.00	Auburn Tuesday	10.00
Yukon Thursday	120.00	Auburn Friday Noon	10.00
PENNSYLVANIA		Bellevue Saturday A.M.	25.00
Bala Cynwyd Monday	25.00	Edgewood/Milton Saturday	50.00
Broomall Friday	20.00	Issaquah Wednesday	10.00
Collegeville/Trappe Thursday	50.00	Mount Vernon Tuesday	25.00
Harrisburg Monday	20.00	Snohomish Friday PM	10.00
Havertown Monday	25.00	Tacoma Monday	30.00
Media Wednesday	60.00	Vancouver Monday	58.00
NE Philadelphia Wednesday	25.00	KOREA	
Roxborough Tuesday	30.00	Seoul, Korea	60.00
South Philadelphia Tuesday	50.00		
Willow Grove Wednesday	20.00		

INTERGROUP CONTRIBUTIONS FEBRUARY 2024

Chicagoland	New Jersey
Greater Sacramento 30.00	Northern California100.00
Houston/Gulfcoast100.00	Northern Nevada267.00
Inland Empire 50.00	South Florida
L.A. Intergroup 150.00	South Jersey
New England	Western Washington 20.00

NATIONAL HOTLINE DONATIONS FEBRUARY 2024

L.A. Intergroup	14.00
South Florida	40.00

BULLETIN SUBSCRIPTIONS FEBRUARY 2024

Three Bulletin Subscription for a total of \$ 144.00

ONE TIME DONATIONS FEBRUARY 2024

One-Time Donation in memory of Eunice & James M. and all of my sisters and brothers who made their transitions this past year.

Gone from our presence, never from our hearts.

Dennison B., Maumee, Ohio

One-Time Donation Estate of Sheryl K., Coral Springs, Florida

One-Time Donation in memory of Debbie M.'s mother-in-law who passed away Stan & Carol K., Ft. Myers, Florida

One-Time Donation in honor of my 6-year anniversary. David N., Delray Beach, Florida

One-Time Donation Bruce W., Valley Stream, New York

One-Time Donation in congratulations to Dave M., of Vancouver, 16 years; Lori L., of Eugene, 10 years; and Chris M. of Portland, 7 years. Anonymous, Oregon

> February Meeting Donation Board of Regents, California

One-Time Donation Sunday A.M. Phone Meeting, Miscellaneous Areas

> One-Time Donation Allen L., Brooklyn, New York

One-Time Donation from 2023 Mini-Conference Phoenix Intergroup, Arizona

One-Time Donation in memory of my father, Jim S., from Nebraska. James S., Tempe, Arizona

One-Time Donation in memory of Deb R., of San Diego, New Jersey, Boston, and Palm Desert. Estate of Deb R.

> One-Time Donation Drew J., Fort Worth, Texas

ONE-TIME DONATION VIA VENMO/ZELLE FEBRUARY 2024

One-Time Donation Brian B.

One-Time Donation Jerry P.

One-Time Donation Dylan K.

One-Time Donation Zakary B.

GAMBLERS ANONYMOUS INTERNATIONAL SERVICE OFFICE OPERATING STATEMENT JANUARY 2024

CASH IN OPERATING ACCOUNT JANUARY 1, 2024	\$103,060.08
INCOME FOR JANUARY 2024	
Group Contributions 5,614.3.	5
Intergroup Contributions	
ISO Can Contributions)
Lifeliners Contributions)
Bulletin Subscriptions	
One-Time Donation	
E-Reader	
Literature Shipping	
Sale of Literature	
Sales Tax Collected. 141.7	
Interest from Checking Account	
Merchant Svs Cash Reward	
Pay Pal Literature Process Fees	
Pleasanton B.O.T. Mtg. Registrations 250.00 Business Owners Insurance Refund 8.00	
Workers Comp Insurance Refund	
*	
TOTAL INCOME	<u>\$ 52,866.62</u>
CASH AVAILABLE FOR JANUARY 2024.	\$155,926.70
	+
EXPENSES FOR JANUARY 2024	
Rent & Cam Fees 4,493.70 Payroll 13,274.70	
Payroll 13,274.7 Payroll Taxes (Federal & State) 1,614.1	
Payroll Processing Fee	
Office Expenses 1,129.89	
Health Insurance 1,114.0	
Telephone/Internet Bill	
Electric Bill	
Gas Bill	
Maintenance/Monitoring ADT Alarm 42.5	5
Monthly Air Conditioning/Heater Maintenance 30.00)
Match for Employees Simple IRA	5
D & O Liability Insurance)
Visa/MC Service Fee	
Literature	
Pay Pal Literature Processing Fees	
Postage	
Lifeline Bulletins	
Returned Cks Charge	
Quarterly State Sales Tax)
TOTAL EXPENSES	\$ 39,564.29
MONTHLY NET INCOME (NET LOSS)	\$ 13,302.33
CASH IN OPERATING ACCOUNT AS OF JANUARY 31, 2024	\$116,362.41
FISCAL YEAR STARTING JULY 1st TO DATE	
NET INCOME (NET LOSS)	\$ 37,037.91

G.A. APPROVED TELEPHONE CONFERENCE CALL MEETING INFORMATION - JUNE 27, 2022

ENGLISH-BASED MEETINGS FROM THE US

Below are the details to call in for all the meetings. All US-based Telephone Conference Call meetings are based on Eastern Time Zone times.

Day and Time Eastern Time	Call-In Number	Meeting Code	Email for Information
Wednesday 9PM	267-807-9601	9131957 #	weeklycallhelp@gmail.com
Friday 3PM	267-807-9601	9131957 #	weeklycallhelp@gmail.com

US callers who are trying to call the US numbers and have difficulty getting connected should scroll to the bottom for additional directions.

The telephone conference call platform we are using has local access telephone numbers for 74 different countries. If you are going to call from a foreign country, please use the appropriate email address to request the local calling numbers.

ENGLISH-BASED MEETINGS FROM VANCOUVER, BRITISH COLUMBIA – There are numerous local direct dial numbers throughout Canada and the US. To get a list, use the email below.

Day and Time Pacific Time	Call-In Number	Meeting Code	Email for Information
Tuesday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Friday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Sunday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca

FOR U.S. CALLERS HAVING DIFFICULTY CONNECTING TO A CONFERENCE CALL

If you can't get through to the conference call number, first recheck that you are using the proper dial-in number and meeting code. If you still have problems, you may text for help.

First choice: Text the word **HELP** to the conference call-in number. You will be texted an alternate call-in number.

Second choice: Text the words **CALL ME** to the conference call-in number. The system will call you back and connect you directly.

This information is available at trusteewebsite.com/telephone-conference-call

Where would you be today without G.A.? Become a Lifeliner Today!

A Lifeliner is a member of the G.A. fellowship who cares enough about the financial well being of G.A. to make a monthly donation. This donation helps to insure that G.A. will always be there for the compulsive gambler who still suffers.

You will benefit by becoming a Lifeliner because...

- ... it offers you a way to give back to the program that has given you so much.
- ... it allows you to make a commitment to the program in a more direct way.
- ... it helps the International Service Office to spread the message to those who haven't yet been blessed as you have.
- ... it makes you one of a special group of people who do a little extra for the program that saved their lives.
- ... it gives you a sense of responsibility.
- ... it helps you remember that Gamblers Anonymous needs you as much as you need Gamblers Anonymous.

We are self supporting through our own contributions.

How often have you thought or heard: "Gamblers Anonymous saved my life. I can't do enough to repay the program for what it has done for me."

One of the ways you can give is by becoming a Lifeliner. Simply fill out the bottom of this flyer and send it to I.S.O. with your personal monthly tax deductible contribution and you will receive a receipt by return mail along with an envelope for your next month's contribution. It's that easy!!

Do it today – it's the right thing to do!

I PLEDGE A MONTHLY CONTRIBUTION AMOUNT OF: _	
NAME	
ADDRESS:	
CITY & STATE:	ZIP:

Please mail this with your initial contribution to:

GAMBLERS ANONYMOUS I.S.O. 1306 MONTE VISTA AVE., STE. 5, UPLAND, CA 91786

Thank you for your support!!